





# THE PROFESSIONAL TRAINING CENTER OF USJ



Created in 2017, the Professional Training Center of USJ (CFP) Site de l'Université Saint-Joseph de Beyrouth - USJ has developed training programs for local companies and educational institutions, along with internal training initiatives for Saint Joseph University of Beirut (USJ) employees. The Center is active in three areas: continuous training, consultancy and project design and management. Moreover, the CFP develops training programs targeting the development of 21st century skills: leadership, communication, coaching, emotional intelligence, conflict resolution, critical thinking, self-development, and many others. For more info: www.usj.edu.lb/cfp

#### **SUCCESS STORIES ARE ALWAYS THE BEST!**

Check the Testimony of CMA CGM Staff who attended the Management Development Program on March-June 2020!







## **USJ COMMUNITY** RAINING PROGRAMS

The Professional Training Center organizes training programs to USJ community (Teachers and Staff) within the framework of the "Ignatian Leadership & Spirituality" program to implement trainings relative to this theme, at the level of the entire university community and the USJ Alumni, and within the coordination framework between the different continuous training departments of USJ's institutions.

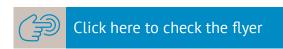


#### 1. WÉBINAIRES: LA PÉDAGOGIE JÉSUITE



As part of the "Ignatian spirituality" training cycle, the Professional Training Center (CFP) of USJ organized the « Wébinaires: La Pédagogie Jésuite », from November 3 till November 17. 2021, from 5pm to 7pm (Beirut time). we had the honor and the pleasure to welcome an international Jesuit reference, Fr. Josep Maria Margenat S.J., who hosted the training cycle. 52 participants joined the webinar from the beginning and were motivated to attend.

Fr. Margenat shed the light during his presentation on the characteristics of a Jesuit University: Globality, Progressivity, Entirety, Secularism and Unity.







#### ROUNDTABLE: "PAST THE PANDEMIC AND BEYOND: THE WORKPLACE OF THE FUTURE"



The Faculty of Arts and Humanities (Master of Human Resources) and The Professional Training Center (CFP) of USJ organized an exceptional online Round Table discussion "Past the Pandemic and Beyond: The Workplace of The Future" on October 12, 2021 at 6pm (Beirut Time), live on Zoom. The target audience of the webinar was all the Human Resources Managers, Directors, Chef of Departments or Owners of a company who got the chance to discuss and share with our three top speakers three main topics: "The Genomics of the Workplace: Observation and Experience" presented by Mr. Diya Obeid, "Working Remotely a new value-added impact for Innovation in MSIuk "presented by Mr. Khaled Tayara and the "Benefits of the post pandemic employee" presented by Mrs. Farah Saade.



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#### **PUBLIC EVENTS**

#### MINDFULNESS CONFERENCE

Easy to say but difficult to do, especially when you live in a country that goes through one crisis to another. However, the Mindfulness helps those who wish not to succumb to psychic exhaustion and inner collapse, to manage daily stress, to achieve moral well-being and to get out of the negative spiral in which we are facing.

The Lebanese Mindfulness Association (LMA) in collaboration with the Professional Training Center of Saint Joseph University of Beirut (CFP) launched the first Mindfulness Conference on October 23<sup>rd</sup>, 2021, from 9:00am to 2:00pm (Beirut time) at Gulbenkian Theatre Beirut- Campus of Social Sciences.

The keynote speaker of the conference was Professor Rebecca Crane, Head of "Center for Mindfulness Research and Practice, Bangor University, UK. Prof. Crane inaugurated the event and shared with the audience the UK experience in establishing and developing mindfulness.

Within the scheduled program, Pr. Fadi El Hage, Delegate of the Rector of USJ for Professional Development and the Director of the Professional Training Center of USJ delivered a speech under the title of "Importance of Lifelong Learning for mental health". It is important to mention that during the conference, the Mindfulness Club and the Mindfulness Training Program at USJ were launched and the registrations have begun!



Pr. Fadi El Hage giving his Speech.



Register **NOW** to the Mindfulness Stress Reduction Program/Mindfulness Club on the following Link: Registration USJ Mindfulness Club / Training



Group picture of the participants.





#### WEBINAR: "NEGOTIATION ROADMAP TO A BETTER DEAL"- SCOTWORK MIDDLE EAST

#### Scotwork\*







Negotiation skills are important both in the workplace as well as in personal life. In the workplace, they help you achieve longterm career success, boost productivity and reduce workplace conflicts. In your personal life, they boost your creative and reasoning abilities, make it more difficult for people to take advantage of you and make you a better strategizer.

Given the importance of negotiation skills, the Professional Training Center of Saint Joseph University of Beirut and Scotwork Middle East launched the "Negotiation roadmap to a better deal" webinar on Tuesday October 26, 2021, at 3pm (Beirut time) on Zoom platform. During the webinar, The CFP with the collaboration of Scotwork Middle east launched the Scotwork course "Scotwork Virtual Advancing Negotiation Skills (VANS)" which has started in November 29 and ended in December 2, 2021.



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## TAILOR-MADE EXTERNAL **TRAININGS**

#### TRAINING PROGRAM ON COMMUNICATION AND PRESENTATION SKILLS



DOT Staff with Pr. Fadi El Hage and the Trainer Mrs. Jocelyne Ziadeh.

Upon the request of Digital Opportunity Trust Lebanon, a youth-led movement of daring social innovators who have the tools, knowledge, and networks opportunities create transform their own and communities. The Professional Training Center of USJ organized a well-established tailor-made training program taking the presentation and communication skills as two main training topics. The program designed by the CFP and offered to DOT Lebanon from October 25, 2021, till February 3, 2022 from 9:30am to 4:30pm (Beirut time).

These trainings allow DOT staff to develop their skills and grow their career within the organization and enhance their performance and productivity.



Hard work for goal achievement.



Lunch break is always the best.









#### LA CLASSE INVERSÉE POUR UNE PÉDAGOGIE INTERACTIVE ET ENGAGEANTE

Upon the request of "l'Association Nationale des Enseignants de Français du Liban" (ANFEL) and with the collaboration of "Institut Français de Beyrouth", To promote distance learning, the Professional Training Center of USJ launched "The inverted classroom for an interactive and engaging pedagogy" an online training workshop to all French teachers in Lebanon, from October 15 till October 23,2021 from 4pm till 6pm (Beirut time). The importance of this training workshop lies on helping the participants in making digital classrooms, increasing class interactions, increasing responsibility and in boosting their learning styles to keep up with the updated learning styles, in time of crisis.



#### CONFERENCE OF RECTORS AND PRESIDENTS OF THE MIDDLE EAST (CONFREMO)



At the initiative of "l'Agence Universitaire de la Francophonie proche orient" (AUF) in the Middle East, the Professional Training Center of Saint Joseph University of Beirut organized and launched six days of trainings (live webinars) from October 27 till November 25, 2021, from 3:00pm to 6:00pm (Beirut time) to the members of the Conference of Rectors and Presidents of the Middle East (CONFREMO) to respond to the current challenges of the Middle East region and to face the changes that are necessary following the Covid-19 pandemic. "Digital Leadership" and "The Data Revolution and Artificial Intelligence at the top" were the two main developed topics in these trainings.

CONFRÉMO is a regional non-governmental organization, created in 2007 under the auspices of the AUF. Today, it brings together 46 rectors, university presidents and directors of university institutions in the Middle East, members of the "Agence Universitaire de la Francophonie".

## LA PÉDAGOGIE DIGITALE : DE L'ENSEIGNEMENT À DISTANCE À L'ÉVALUATION EN LIGNE











Module 1 : Les outils numériques : Logiciels/Plateformes et Capsules vidéos

Module 2 : La pédagogie digitale pour un enseignement interactif en ligne

Module 3: Evaluation à distance

Lien d'inscription: cliquez ici

Langue principale: Français Lieu de la formation: Zoom meeting Place limitée: 30 personnes

Based on the demand of "l'Institut Français au Liban" and in collaboration with the Faculty of Educational Sciences of USJ and the Lebanese Institute of Educators the Professional Training Center of Saint Joseph University of Beirut launched the "Digital Pedagogy: from distance learning to online assessment" program to managers and teachers of primary, complementary, and secondary cycles of French-language schools in Lebanon from November 17 till December 14, 2021, from 3pm to 6pm (Beirut time). The training was based on three main modules: the Introduction to digital tools, Digital pedagogy for interactive online teaching and Remote evaluation. Through this training, teachers were able to identify the characteristics of Digital Pedagogy and develop the interaction and the reflexion during online teaching sessions and more...



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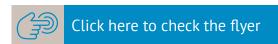


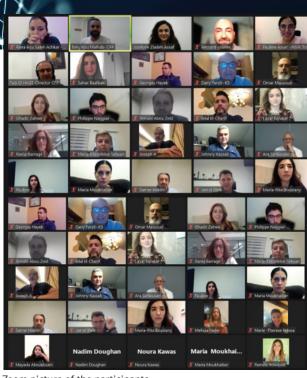


## **CERTIFICATES OF THE** PROFESSIONAL TRAINING CENTER



Within its training program for 2021/2022, the Professional Training Center of Saint Joseph University of Beirut launched the Certificate of Innovation Excellence and Digital Transformation live on Zoom from November 9 till November 30, 2021, from 5:00pm to 8:00pm (Beirut time). 34 professional participants were attending the program, from different areas and fields of work, looking for boosting their skills in Digital Transformation and Digital Business. Three Professional trainers worked hard with the participants to provide them the keys for a successful Digital Business, taking into consideration theoretical and practical parts and based on three main modules: Leading Digital Transformation, Designing and Leading Business Transformation and Digital Business.





Zoom picture of the participants.







How far can you go with your negotiations? What is called a great deal? What is or isn't negotiable?

Answers on these questions were in the online training program "Scotwork Virtual Advancing Negotation Skills (VANS)" launched by the CFP and Scotwork Middle East. The course itself consists of four days of immersive training each session of 5 hours, from November 29 till December 2, 2021, from 8:30am to 1:30pm (Beirut time).



Watch the video here

In business as in life, you don't get what you deserve you get what you negotiate

Chester L. Karrass



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# **EXTERNAL TRAINING:** PROGRAMS DESIGNED AND FFERED BY THE CENTER

#### MINDFULNESS CLUB

The CFP launched the Mindfulness Club at USJ. The Club consists of two sessions of group practice and group inquiries per month starting December 2021, and it's oriented to every holder of a Mindfulness diploma or every participant who attended a Mindfulness course. Attending the Club will help the members to promote spirit culture, philosophy, meditation, and values such as contentment, universal compassion, and mental calmness.



Click here for registration

Already took a Mindfulness course or a Diploma in Mindfulness and need to pursue?

Robin Sharma

The Professional Training Center of Saint Joseph University of Beirut gives you the opportunity to attend the group Mindfulness practice.

Join the first Mindfulness Club in Lebanon at USJ in which you will be able to promote:

Spirit culture, philosophy, meditation, and values such as contentment, universal compassion, and mental calmness.

> Two sessions per month. Monthly fees for membership: 75,000 LBP. Register here 0

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